GROW SEEDS

Plant your own miniature garden and watch it grow.

1. FIRST, FIND SEEDS
   - You can buy seeds, but you might be able to find things to grow in the kitchen, too.
   - Whole lentils (split lentils won't grow)
   - Sunflower seeds
   - Pumpkin seeds
   - Kernel seeds
   - Popcorn kernels
   - Dill seeds

2. THEN PLANT THEM...
   - You'll need:
     - Seeds
     - Soil
     - Felt-tip marker
     - Pots for planting
     - Empty yogurt containers work well

   - 1. Add soil to your pots until they're almost full.
   - 2. Put in a few seeds about 3cm (1in) from each other.
   - 3. Sprinkle soil on top to cover the seeds.

   - Put the pots on a sunny windowsill or in a sheltered spot outside. Water them a little each day.

3. ...AND TEND THEM
   - It can take several days or weeks for shoots to appear—and some seeds never grow.
   - A young shoot from a seed is called a plumule.
   - What grows and what doesn't? Keep a record in a notebook.

   - Pests can damage delicate shoots. Drop water onto them from your fingers instead.

   - Plants don't grow well if they're crowded. Once your plants are about 3cm (1.2in) tall, you may need to move them into bigger pots—or plant them in the ground.

PEST CONTROL

Outdoors, snails, slugs and bugs can be a problem for plants.

SNAIL MAZE

Which snail can make it to the lettuce without crossing any egg shells or coffee?

SPOT APHIDS

Aphids are little insects that feed on plants. They can be green, brown or black. How many aphids can you find on the tomato plant below?

START B C

To get rid of aphids, you could mix a little dishwashing liquid with two cups of water and dab it onto your plants with a brush.

Find more like this in Never Get Bored Outdoors Book • Share your activities on Instagram #SaturdayActivities
Usborne.com/SaturdayActivities • © Usborne Publishing 2019